



**EMERGENCY CONTACT**

Name \_\_\_\_\_

Relationship to You \_\_\_\_\_ Phone Number \_\_\_\_\_

**REFERRAL SOURCE**

How did you hear about my practice? \_\_\_\_\_

**REASONS FOR SEEKING SERVICES:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**MEDICAL HISTORY**

Do you have any medical issues that are important for me to know? \_\_\_\_\_

\_\_\_\_\_

**Please note:** I believe communicating with your current health care providers is important for coordination of care. However, I will not contact your current medical providers without obtaining your consent, nor will I do so before discussing this issue with you ahead of time.

Do you have a Primary Care Physician? Yes/No If Yes, please complete below

Primary Care Physician Name: \_\_\_\_\_

Primary Care Physician Practice Name: \_\_\_\_\_

Primary Care Physician Practice Address: \_\_\_\_\_

Primary Care Physician Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

Do you have a Psychiatrist? Yes/No If Yes, please complete below

Psychiatrist Name: \_\_\_\_\_

Psychiatrist Practice Name: \_\_\_\_\_

Psychiatrist Practice Address: \_\_\_\_\_

Psychiatrist Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

## MENTAL HEALTH HISTORY

Prior Mental Health Diagnoses/Treatment: \_\_\_\_\_

Have you ever been hospitalized for a mental health condition or as the result of a safety concern?  Yes  No

If yes, please provide year, location, and reason for hospitalization: \_\_\_\_\_

Are you currently in therapy?  Yes  No If yes, with: \_\_\_\_\_

Has consultation/change in Treatment/additional therapy been discussed with current therapist?  Yes  No

(If unsure, please know that we will discuss treatment goals further at our initial  
What are your goals for therapy? appointments.)

What stressors (if not already stated) are you experiencing currently (e.g., relational, financial, medical, occupational, legal, etc.)

Is there anything else you would like me to know?

Please estimate the severity of your problems:

Please list your typical strategies for reducing stress:

Finally, please list your greatest strengths:

---

---

David Bell occasionally sends out information to his clients about clinical topics of interest, upcoming seminars, new services, etc. If you would like to receive this correspondence, please sign below. Also, if at any time you wish to stop receiving this information, just contact David Bell by letter, email, or phone. Thank you.

Client Signature: \_\_\_\_\_